

DIY Dog Snuffle Mat

A snuffle mat for dogs (also known as an enrichment mat for dogs, dog puzzle mat, dog foraging mat, dog sniff mat, etc.) is essentially a mat covered in felt or fleece that we hide treats or food in to encourage the dogs to use their natural sense of smell to search and find the delicious food inside!

Supplies:

- 1 rubber sink mat of your size choice
- 2 yards of medium weight anti-pill fleece fabric (2 colors)
- 1 pair of scissors

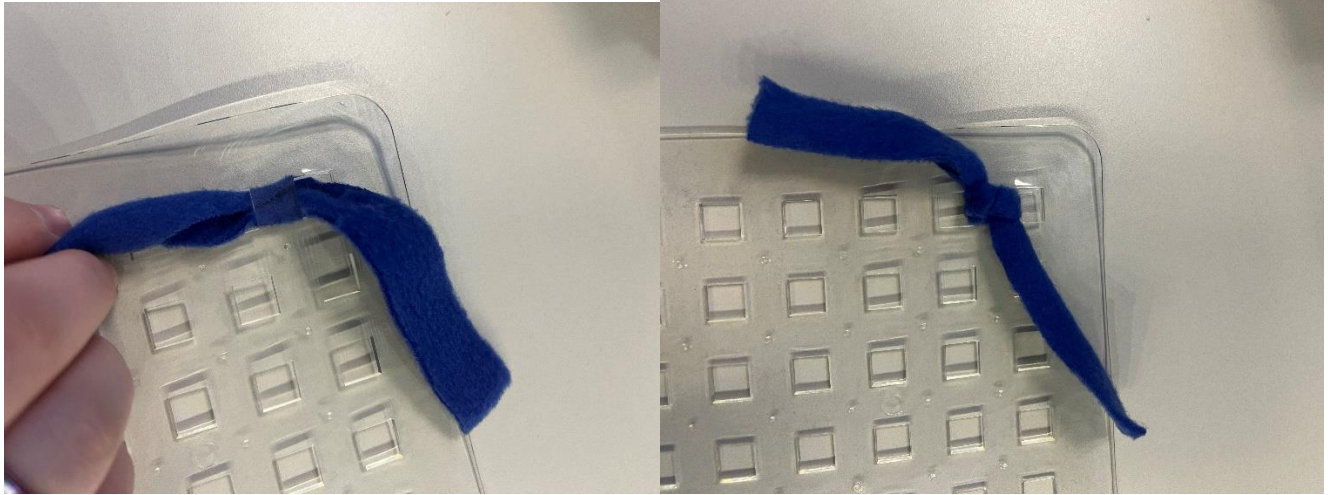


Directions:

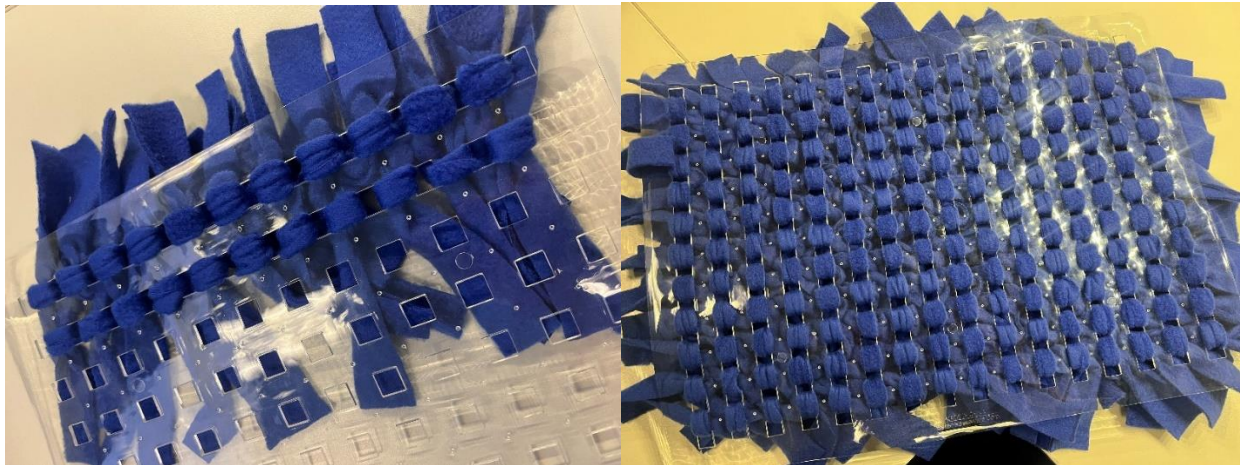
1. Cut fabric strips that are about 1" thick and 6-8" long. You will need enough strips for the number of holes in the sink mat.



2. Once you have all of your strips cut, start looping them through each hole of your sink mat and secure them on one side by tying a quick knot. (Note: Once you put your first fabric piece through the hole, every piece after will have one side in the previous hole.)



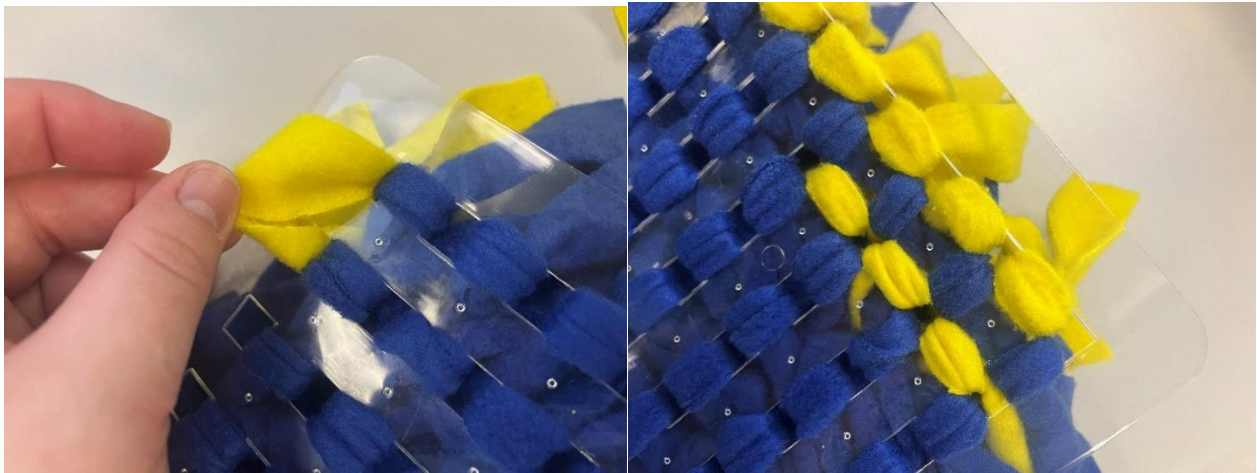
3. Repeat step 2 until all of your rows on your DIY dog snuffle mat are filled with one color of your fabric.



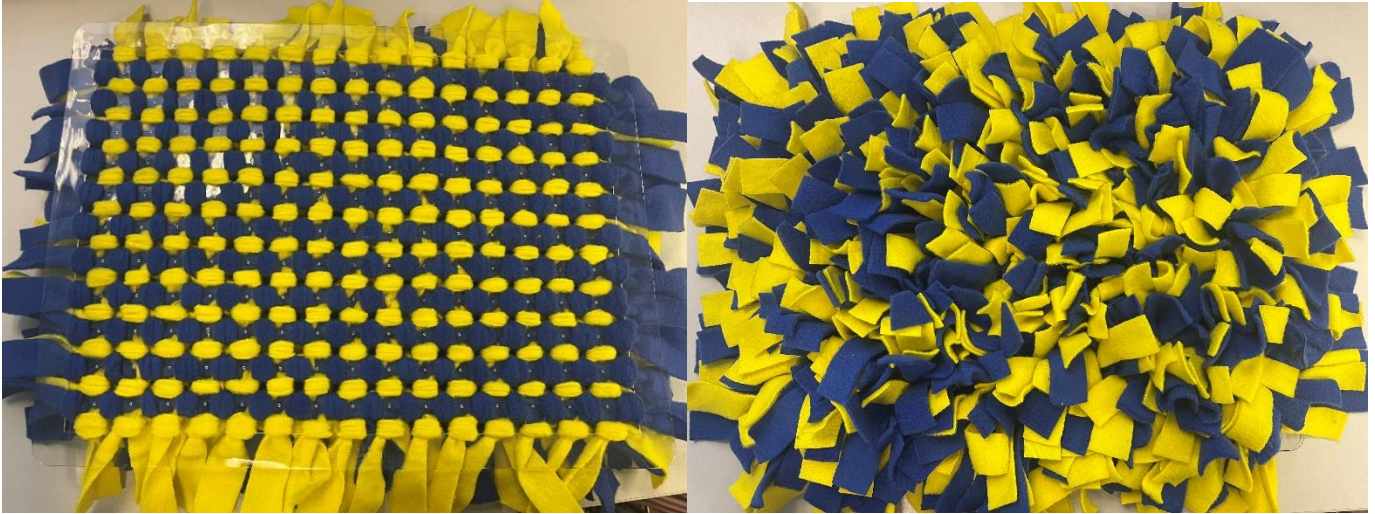
4. If you haven't already, cut the same amount of fabric strips in your second color.



5. Similar to what you did in step 2, you will now do the same but in the opposite direction that you previously went (i.e. instead of going across horizontally, you will now do the same steps vertically).



6. Repeat step 6 until your entire mat is filled with both fabrics and secured.



Once completed, snuffle mats can be used to enhance dog enrichment and make treat finding more fun!

