



## Watch Me Training Plan

**Step 1:** Begin by holding a small piece of food near your eye. You may need to lure the dog's gaze to you by bringing it up from his nose, or you can use kissy sounds.

**Step 2:** Point at your eye with a finger, palm empty.

**Step 3:** Add the verbal cue! Say "Watch Me" and then point to your eye.

As soon as you have the dog's attention and he is looking up at you, pop him the treat. You need to be fast here as this behavior can be very fleeting at first!

Again, as soon as your dog makes eye contact, pop him a treat, this time from your other hand. You should begin to be able to hold the dog's attention a little bit longer as you build, barring any serious distractions.

Work on this in different locations, building up the amount of time the dog holds eye contact with you.

## Notes

- Like "Touch," you will always use a hand signal for this behavior!
- It's important everyone is using the same words as cues, so be sure to say, "Watch me!"