

## America's First Animal Shelter™

## **Anti-Jump Procedure**

Dogs are social animals who greet other dogs in very specific ways – ways that always might not be appropriate for humans. While jumping is a social one, it's not always appreciated, and can be a turn-off to potential adopters! While our dogs are in our care, there are a few things that we can do to discourage jumping.

- When a dog jumps on you, turn your body and cease all movement until
  the dog has stopped jumping. This might take some getting used to, but
  it's important to remember that any movement may be taken by the dog
  to mean you're engaging with that behavior, which rewards it in their
  mind. The clearest way to send the message that jumping isn't acceptable
  is to remove your attention.
- As soon as the dog has stopped jumping, pop them a treat! Be ready to do this quickly, as we want to make sure they've associated stopping jumping with the reward.
- A dog can't jump while sitting, so reinforce sit as much as possible.

## Things to avoid:

- Don't knee a dog in the chest for jumping. We should always be teaching them the positive alternate behaviors, not punishing negative behaviors.
- Resist the urge to push the dog away with your hands as this can feed the behavior and thereby increase their efforts. Any attention is good attention.
- Do not give a dog a treat while they're jumping. Wait until all four feet are on the ground or they're sitting.

If you're having trouble with a particular dog or would like to help one get some better manners, see Lindsay!

## Thank you!