

## WOMEN'S HUMANE SOCIETY VOLUNTEER OF THE MONTH



## CAITLYN ADAMS

Caitlyn has been volunteering with us for about nine months now, and has been a ray of sunshine since she started. She attends and helps out at fundraisers, walks our dogs, and fosters for us!

We met her initially when she adopted her dog Mindy from us (formerly Diamond) – an older yellow lab that was struggling with arthritis. Caitlyn is a certified Reiki practitioner, and after seeing how much Mindy benefitted from her practice, became certified in Animal Reiki as well, and now performs it on the dogs in our care in addition to the normal dog walking program. She also gave WHS staff free Reiki sessions!

She gravitates toward our neediest animals, having fostered Polly, a 10 year-old Beagle mix who was developing a stress-related sore on her face, and now Nola, a young pit mix with a torn ACL who is on limited mobility for her own safety. We also know we can likely find her hanging out with our current little pinball wizard, Teddy Bear – a sweet older gentleman who is at least mostly blind and at least partially deaf.

Caitlyn's positivity is infectious, and we love having her here in whatever capacity we can.

## THANK YOU, CAITLYN!